**IDIOMS EXERCISES**

**EXERCISE A**: Match the idioms in column A with their meanings in column B.

A B

1. a bag of bones a. very thin

2. at death’s door b. feeling very happy or glorious

3. come down with a cold c. very near death

4. feel on top of the world d. recovered from an illness or became physically healthy again

5. back on her feet e. to become sick with something, to catch an illness

**EXERCISE B:** Complete the following sentences by filling in the appropriate idioms.

**came down with a cold/ at death’s door/ back on his feet/ feeling on top of the world/ a bag of bones**

1. He was a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when he came home from the war.

2. My niece \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and was unable to visit me last week.

3. He’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ after being sick for several weeks.

4. The CEO was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ after he suffered a stroke.

5. I have been \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ since I got promoted.

**EXERCISE C:** Match the idioms in column A with their meanings in column B.

A B

1. make one’s blood run cold a. very nervous or easily frightened

2. heart in one’s mouth b. shocks or scares you a lot

3. butterflies in one’s stomach c. feeling very nervous

4. afraid of one’s own shadow d. if you don’t know about a problem or unpleasant fact,

you won’t worry about it

5. ignorance is bliss e. extremely anxious or nervous faced with a dangerous or

unpleasant situation

**EXERCISE D**: Complete the following sentences by filling in the appropriate idioms.

**heart in her mouth/ made my blood run cold/ butterflies in my stomach/ ignorance is bliss/ afraid of her own shadow**

1. The look in the murderer’s eyes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

2. Emma had her \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when she witnessed an accident on the road.

3. I didn’t know our neighbor was an escaped prisoner until the police arrived - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

4. I always have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ every time I talk to my beautiful teacher.

5. I’ve never seen anyone so easily scared. She’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

**EXERCISE E:** Answer your teacher’s questions.

1. What are you personally most afraid of?
2. What are you scared of for the world?
3. How do you feel about your fears?

1. What do you think will happen to a person being controlled by his or her fear?
2. Do you think fear is everywhere in our society?
3. When something frightens you, what part of your body reacts to it?
4. What will fear be like in the 21st century?
5. If you are put in situations where you have fear, what will you do?
6. Do you ever have nightmares (bad dreams)? Do you know how to interpret them?

1. Have you overcome any of your fears?